

DR. LAHMANN'S REFORM COTTON WOOL UNDERCLOTHING.

In no direction has reform been more active, or public opinion become more enlightened, than on the subject of the material to be worn next the skin. Most of us were brought up to believe that a woollen material was essential to health, and religiously wore one in spite of its obvious disadvantages of shrinking and felting. More especially was it impressed upon us that if we would keep well in the tropics woollen clothing was indispensable, and, in spite of irritated skins, we adhered to its use, until it dawned upon us that the native invariably clothes himself in cotton, and that centuries of experience should have taught him what is the most suitable material to use. Then one day we made the experiment, and found ourselves so infinitely more comfortable in a suitable cotton material, and our health correspondingly better, that with joy we shed our woollen garments permanently.

Amongst all the cotton materials and undergarments now placed on the market to meet an increasing demand, Dr. Lahmann's Reform Cotton-wool Underclothing holds its own with distinction. Its originator is Dr. Lahmann, the founder of the well-known sanatorium near Dresden, who has studied the subject from the scientific standpoint, and his investigations have led him to believe that animal wool causes paramagnetic irritation of the skin, which it gradually blunts by constant over-excitement, and eventually causes a decreased capacity of resisting disease.

It is claimed for Dr. Lahmann's Underclothing, which has been awarded numerous gold medals for its excellence (1) that it is as warm in winter as animal wool, and cooler in summer, without the skin-paralysing excitation inherent to all animal wool, or the loss of porosity by shrinkage peculiar to it; (2) that it is as soft as the best silk, without being half as perishable or a quarter its cost; (3) that it washes better and is more durable than either of them, or any mixture in which either of them has a part.

Now is the time for overhauling wardrobes, and laying in a stock of winter undergarments, and from personal experience we confidently recommend Dr. Lahmann's Cottonwool Underclothing as comfortable and satisfactory in use, and durable in wear. The London Agency is at 245, High Holborn, W.C., just east of Kingsway, very central for a visit from nurses in town, and those in the country should write for patterns. Not the least attraction of this underclothing is its extremely moderate price.

DOUBLE HONOURS.

We are officially informed that Messrs. Bovril, Limited, have been awarded the Grand Prix at the Ghent Exhibition, and also a Diploma for excellence at the Congo Belge Exhibition, Elizabethville.

This double distinction, which heads a long list of previous awards, is certainly a high tribute to the excellence of the world-famous beef beverage.

OUTSIDE THE GATES.

WOMEN.

The new buildings of Somerville College, Oxford, were opened on Saturday, October 4th, in the presence of a large and distinguished company assembled in the Maitland Hall, by the Vice-Chancellor of the University, Dr. Heberden.

Mr. H. A. L. Fisher, President of the college, said the new buildings were the product of college enthusiasm and college loyalty. If any doubt should exist in any mind as to whether a women's college in Oxford was capable of evolving the same feelings of affection in its members as were evolved in the case of generations of old Oxford men, that building supplied a sufficient answer.

The Vice-Chancellor said it was good that for the following generations they should have a tangible memorial of Miss Maitland, a former Principal, and he thought the beautiful hall in which they were assembled, in its simplicity and dignity, was a worthy monument to her memory.

The Annual Conference of the National Union of Women Workers, now in session at Hull, is being widely attended; and is being pronounced a very delightful meeting. The meetings of the National Council of Women are deliberating the alteration of the Constitution; and it is to be hoped no amendment will be adopted which will in any way restrict the liberty of action—and therefore the popularity and progress of the affiliated Branches and Societies.

The following appeal has been issued to the Press by the United Religious Woman Suffrage Societies:

"In the belief that the enfranchisement of women is in accordance with the will of God, and in view of the supreme and urgent importance of the settlement of the question, the undersigned Religious Suffrage Societies have agreed to issue a call for a National Week of Prayer for Woman Suffrage. They accordingly invite the observance of the week—November 1st to 8th—in the following manner:

"1. Every individual suffragist who recognises that the claim for the enfranchisement of women is based on justice and righteousness, and can be rightfully and conscientiously pleaded before God, is asked to join in this week of prayer.

"2. Every suffrage organisation (and every branch thereof) is asked to arrange at least one meeting during that week, at which the spiritual and moral aspects of the women's movement may be emphasised.

"(Signed)

KATHLEEN FITZGERALD, Chairman of Executive; MONICA WHATELY, Hon. Sec., Catholic Women's Suffrage Society.

EDWARD LINCOLN, President; CLAUDE HINSCLIFF, Secretary, Church League for Women's Suffrage.

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